**ANA Learn to Row Regatta 2021
Entry Form**

(Return to: learn2rowregatta@gmail.com or ANA Rowing Club, PO Box 6, Bayswater WA 6933)

Crew Name: (pick a name for your crew) Organisation (if applicable): Payment Enclosed ($500 per crew / $125 per rower)

### **EFT Details -** BSB: 736 000 Account No: 070182 Payment Ref: LTRR\_(your surname)

* **Cheque -** made payable to ANA Rowing Club Inc.

**Crew Coordinator Name** (as a point of contact): **Contact number: Email: Coach:** (can add later) **Contact Number:**

**Declaration by crew members:** I declare that I am able to swim a distance of 100 metres while clothed and that I am not aware of any medical condition which would preclude me from training and competing in the ANA Learn to Row Regatta.

I confirm that I have read the rules of the competition below, and that I have given a true account of my rowing experience.

I consent that the ANA Rowing Club has the full rights to use any images resulting from the photography/video filming of any regatta, training session or club event for fundraising, publicity or other purposes to help achieve the club’s aims.

Crew Member’s Names: Signature: M F Date of Birth

1.

2.

3.

4.

 Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ROWING EXPERIENCE: Tick where appropriate for each crew member listed above | 1 | 2 | 3 | 4 |
| No previous rowing experience |  |  |  |  |
| Rowed in this regatta previously or done Learn to Row course |  |  |  |  |
| Experienced rower not competed in last 10 years |  |  |  |  |

Rules:

* The Regatta will be held on Sunday 14th March 2021, at the ANA Rowing Club, Milne St, Bayswater, commencing at 9:30 am.
* Races are run in a knockout format over 500 m. First round losers will be given a second chance through a repechage system, so all crews will race at least twice on the day.
* The regatta is for beginner or ‘rusty’ rowers only. At least two members of the crew must have NO previous rowing experience.
* Any crew members with previous club or school level racing experience must not have competed in the last 10 years.
* Male crews must have at least three male rowers. Female crews must consist entirely of female rowers. Mixed crews must have at least two female rowers. The coxswain in any crew may be either male or female.
* Teams are required to attend five coached training sessions to learn basic rowing skills. A coach will be provided for each crew.
* Crews are not required to supply their own coxswain, but they may do so if they wish.
* Entry fee is $500 per crew ($125 per rower). This includes all training sessions and entry to the regatta.
* Entries close on Sunday 14 February, 2021.